



PROYECTO
100 años, 100 acciones por México



FURMEX
Fondo Unido Rotario de México, A C

Mexico City, october 3rd, 2019

LIC. REINER JAHN
PROJECT COORDINATOR
100 años, 100 acciones por México

LIC. ROGER SIMS
H2H PROJECT COORDINATOR
100 años, 100 acciones por México

P R E S E N T S

We hereby request and express our intention to be considered in the Project 100 years, 100 shares for Mexico.

1) APPLICANT INFORMATION.

Club Rotario CHIAPA DE CORZO

Name: ABEL JESUS TORRES SOLORZANO

Address: 7MA . ORIENTE SUR 676-B, ENTRE QUINTA Y SEXTA SUR

District and Club Number: 4195; CLUB: 7143

2) PROJECT NAME

MONTHLY CUP

3) OBJETIVE PROJECT

Reduce pollution rates due to misuse and misuse of female towels, within the penalties of women in the entity.

4) PROJECT DESCRIPTION , SHORT AND LONG TERM BROKEN DOWN

In Mexico, it is rare to talk about it, a situation that directly involves our women in three areas: health, economy and environment.

Female towels and tampons contain many toxic chemicals. Dioxin, poly acrylate, rayon and asbestos are some of its components, known mainly for being carcinogenic, disease generators, infections and even have become fatal, with Toxic Shock Syndrome.

A female towel can take up to 500 years to degrade. Let's think about those 4 towels used daily, for 5 days, for 1.29 million Chiapas. IT'S A SERIOUS DAMAGE TO THE PLANET!
With the use of menstrual cups we will be reducing the impact it has on the planet, the



most direct impact will be within of the penalties of women in the state, since with this reducing the continuous use of female towels.

The impact will be direct on a total of 1, 000 thousand women, with this we will save a total of \$ 48, 000 pesos per year in the use of female towels, the continued use of the menstrual compa will help so much, since its useful life is 10 years.

5) SUSTAINABILITY EXPLANATION OF THE PROJECT IF IT HAS ONE

The penalties of women suffer an important impact, since inmates do not have the feasibility of being able to buy the tollas inside the penalties, and in many of the circumstances this leads to quarrels or fights.

6) DIRECT AND INDIRECT BENEFICIARIES SPLITTING THEIR VULNERABLE SITUATION BY ATTACHING IMAGES.

On average, a woman's period lasts between three and seven days. Taking 26 years of menstruation as a measure, there are 312 periods throughout his life.

Its cost ranges between \$ 150 and \$ 700.

Its duration is up to 10 years.

It is made of medical silicone.

Its use does not cause fungus, it is not lost inside the body and prevents infections.

If every one hundred menstruating women we produce on average 6,500 kg of garbage per year. In 10 years we would avoid throwing away 65 tons of highly polluting and non-degradable menstrual protection in our environment.



**7) PROJECT LOCATION
FEMALE CRIMES IN CHIAPAS.**

8) INTEREST AREA:

Peace building, conflict prevention and resolution _____ X _____

Disease prevention and treatment _____

Water supply and sanitation _____

Maternal and infant health _____



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Literacy and basic education _____
 Economic and integral development to the community _____
 Other (examples: wheelchairs, energy-saving projects-return, security and protection of hospitals and schools)

9) PRESUPUESTO DEL PROYECTO

El presupuesto del proyecto es de 2,300 USD, desglosado de la siguiente manera:

CONTRIBUTION	QUANTITY
Coming from the applicant club	\$ 4, 600.00
Resources from other sources in Mexico: FURMEX	\$ 2, 300.00
Requested from Heart 2 Heart	\$ 39, 100.00
SUM	\$ 46,000.00
TOTAL	\$ 46, 000.00

NOTA: Los compromisos minimos para los clubs solicitantes son los siguientes:

Tam. Del Proyecto (Dólares) Compromiso mínimo del C. solicitante (USD)

C Rotario	USD 500 – USD 5,000	20 % Del presupuesto total del proyecto
C Rotario	USD 5,000 – USD 10,000	USD 1,000
C Rotaract	USD500 – USD10,000	10 % Del presupuesto total del proyecto

10) INVESTMENT TO BE MADE IN THE PROJECT

CONCEPT	QUANTITY	Per UNIT	TOTAL
Montly cup	354	130	46, 020.00
		TOTAL	\$ 46, 020.00
		USD	2, 300.00

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FIRMAS

NOMBRE DEL SOLICITANTE ING. ABEL JESUS TORRES SOLORZANO

PRESIDENTE DE CLUB 2019 - 2020, NOMBRE Y FIRMA

ING. ABEL JESUS TORRES SOLORZANO ajtsolorzano@gmail.com 961-155-7602

PRESIDENTE 2020 – 2021, NOMBRE Y FIRMA

NOMBRE DEL SOLICITANTE _____

LIDERES RESPONSABLES DEL PROYECTO, NOMBRE Y FIRMA

LIDER 1

BLANCA ERICKA SÁNCHEZ BARBOSA

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LIDER 2

ING. HORACIO GUTIERREZ VAZQUEZ

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